

# Chemical Elements and Water

Stephen Taylor  
Bandung International School

Many elements occur frequently in living organisms or are of use in metabolic processes:

	I	II
1	<b>H</b> 1 hydrogen	
2	<b>Li</b> 3	<b>Be</b> 4
3	<b>Na</b> 11 sodium	<b>Mg</b> 12 magnesium
4	<b>K</b> 19 potassium	<b>Ca</b> 20 calcium
5	<b>Rb</b> 37	<b>Sr</b> 38
6	<b>Cs</b> 55	<b>Ba</b> 56
7	<b>Fr</b> 73	<b>Ra</b> 74

The most commonly occurring elements in living organisms are:

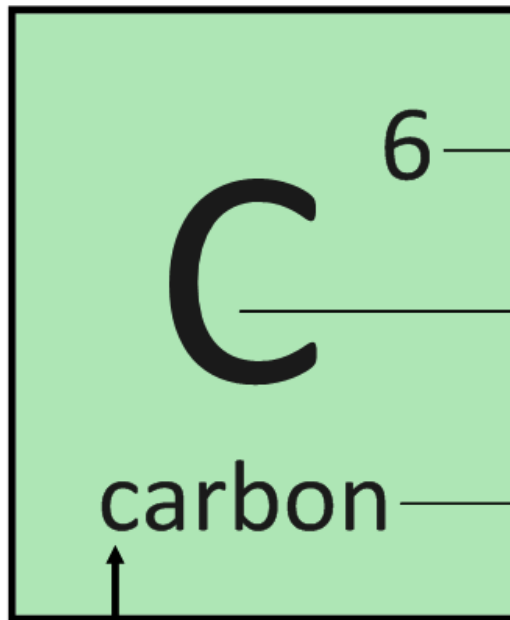
<b>C</b> <sup>6</sup> carbon	<b>H</b> <sup>1</sup> hydrogen	<b>O</b> <sup>8</sup> oxygen	<b>N</b> <sup>7</sup> nitrogen
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Other common elements are shaded in green.

21	22	23	24	25	26	27	28	29	30
<b>Sc</b>	<b>Ti</b>	<b>V</b>	<b>Cr</b>	<b>Mn</b> manganese	<b>Fe</b> iron	<b>Co</b> cobalt	<b>Ni</b> nickel	<b>Cu</b> copper	<b>Zn</b> zinc
39	40	41	42	43	44	45	46	47	48
<b>Y</b>	<b>Zr</b>	<b>Nb</b>	<b>Mo</b>	<b>Tc</b>	<b>Ru</b>	<b>Rh</b>	<b>Pd</b>	<b>Ag</b>	<b>Cd</b>
57	58	59	60	61	62	63	64	65	66
<b>La</b>	<b>Hf</b>	<b>Ta</b>	<b>W</b>	<b>Re</b>	<b>Os</b>	<b>Ir</b>	<b>Pt</b>	<b>Au</b>	<b>Hg</b>
75	76	77							
<b>Ac</b>	<b>Ku</b>	<b>Ha</b>							

	III	IV	V	VI	VII	VIII
						<b>He</b> 2
5	<b>B</b>	<b>C</b> carbon	<b>N</b> nitrogen	<b>O</b> oxygen	<b>F</b>	<b>Ne</b> 10
113	<b>Al</b>	<b>Si</b>	<b>P</b> phosphorous	<b>S</b> sulphur	<b>Cl</b> chlorine	<b>Ar</b> 18
31	<b>Ga</b>	<b>Ge</b>	<b>As</b>	<b>Se</b>	<b>Br</b>	<b>Kr</b> 36
49	<b>In</b>	<b>Sn</b>	<b>Sb</b>	<b>Te</b>	<b>I</b> iodine	<b>Xe</b> 54
67	<b>Tl</b>	<b>Pb</b>	<b>Bi</b>	<b>Po</b>	<b>At</b>	<b>Rn</b> 72

# Elements in the Periodic Table:



6 — atomic number (number of **protons**)  $\oplus$   
(same as **electron number** - if it is not an ion)  $e^-$

C — element symbol

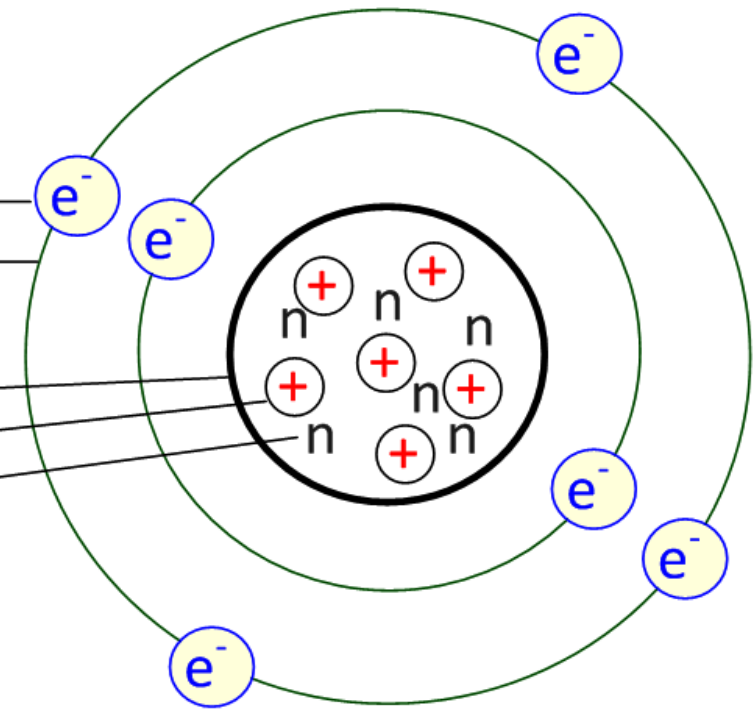
carbon — element name

do not capitalise

## An Atom:

**electrons:** —  
can move in their shells —  
can be gained or lost

**nucleus:** —  
**protons** —  
neutrons —  
(locked in place)



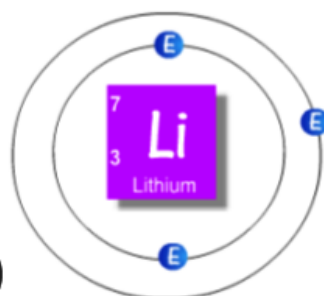
# Ions

An unreactive (stable) atom has a **full outer electron shell**.

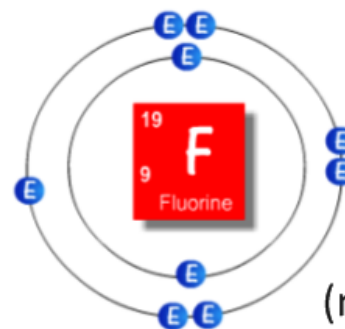
The inner shell is 'full' with two electrons.

Subsequent shells are 'full' with eight electrons.

inner shell = 2  
(full)  
outer shell = 1  
(not full - lose one!)



**Lithium**

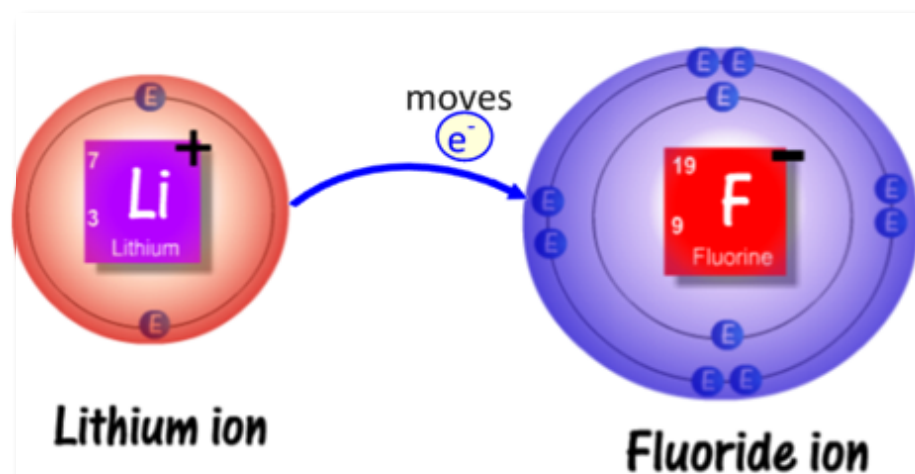


inner shell = 2  
(full)  
outer shell = 7  
(not full - gain one!)

**Fluorine**

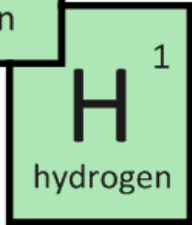
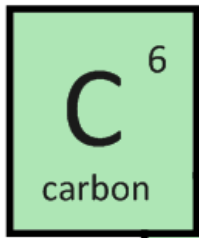
As electrons can be gained or lost, they may move from one atom to another, in order to complete the outer shell of both:

Now:  
more **protons**  
than **electrons**  
so  
**positive CATION**

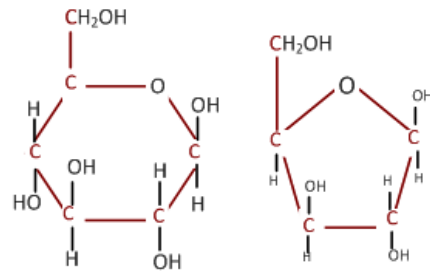


Now:  
more **electrons**  
than **protons**  
so  
**negative ANION**  
"a negative ion"

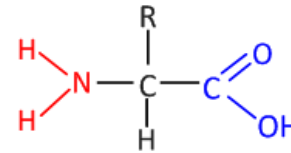
images from <http://www.footprints-science.co.uk/ionic.htm>



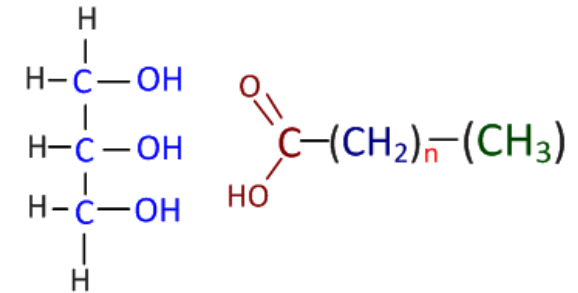
Carbon and hydrogen are the foundation of **organic molecules**:  
molecules found in living things:



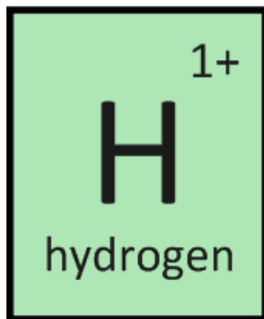
sugars & carbohydrates



amino acids & proteins



lipids: fats & oils

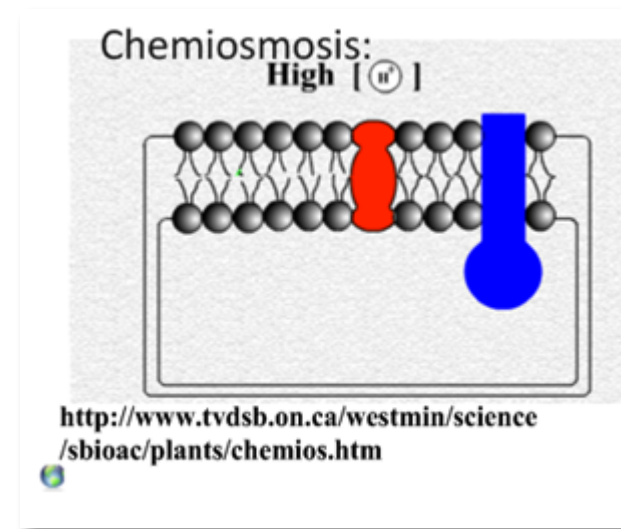


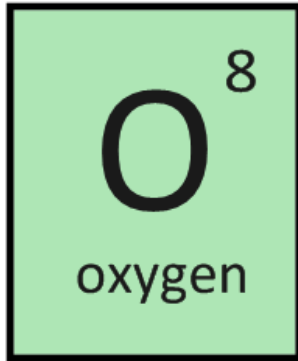
Hydrogen ions are used in active transport, photosynthesis, cell respiration (through chemiosmosis).

The **pH** of a solution is a measure of the activity of dissolved H<sup>+</sup> ions.

A **low pH** (1-6) signifies a high concentration of H<sup>+</sup> ions (**high [H<sup>+</sup>]**).

A **high pH** (8-14) signifies **low [H<sup>+</sup>]**.

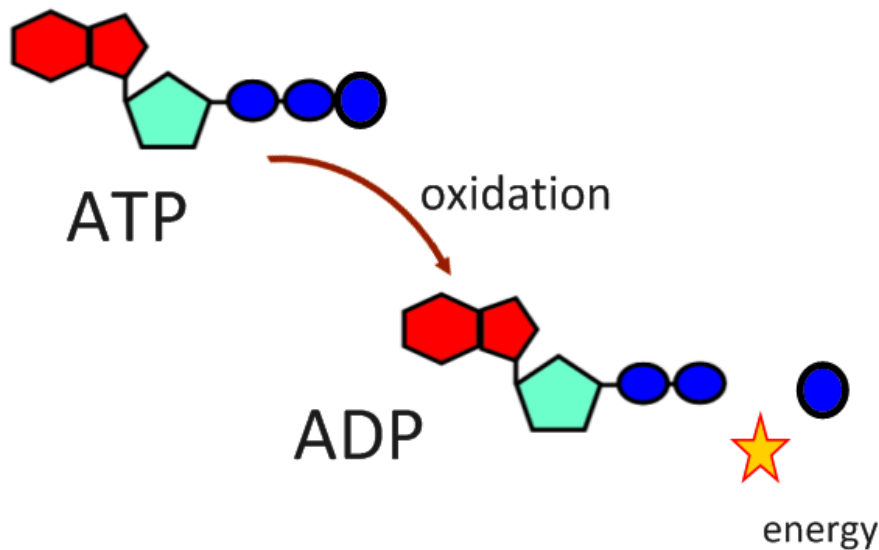




The main role of oxygen is in **aerobic respiration**.

This is in the last stage of cell respiration in the mitochondrion: oxidative phosphorylation. Oxygen is used to accept electrons following the production of ATP - keeping the whole system flowing.

Oxygen is also used in oxidation reactions: oxygen is put in.  
e.g. breaking phosphate from ATP to release energy in tissues.



Oxygen in respiration:

**Electron Transport System and ATP Synthesis**

Intermembrane space

Mitochondrion

Mitochondrial matrix

Play Pause Audio Text

In the mitochondrion, the energy stored in NADH is used to generate a proton gradient across the mitochondrial membrane and the energy of the proton gradient is used to make ATP.

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<http://highered.mcgraw-hill.com/olc/dl/120071/bio11.swf>

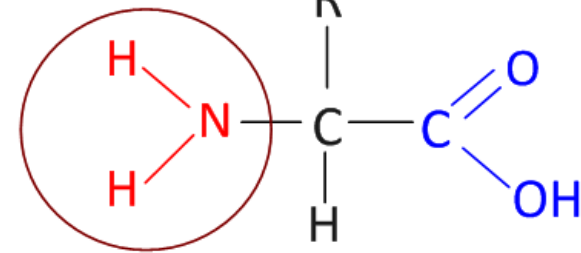


The main use of nitrogen is in the production of **amino acids**.

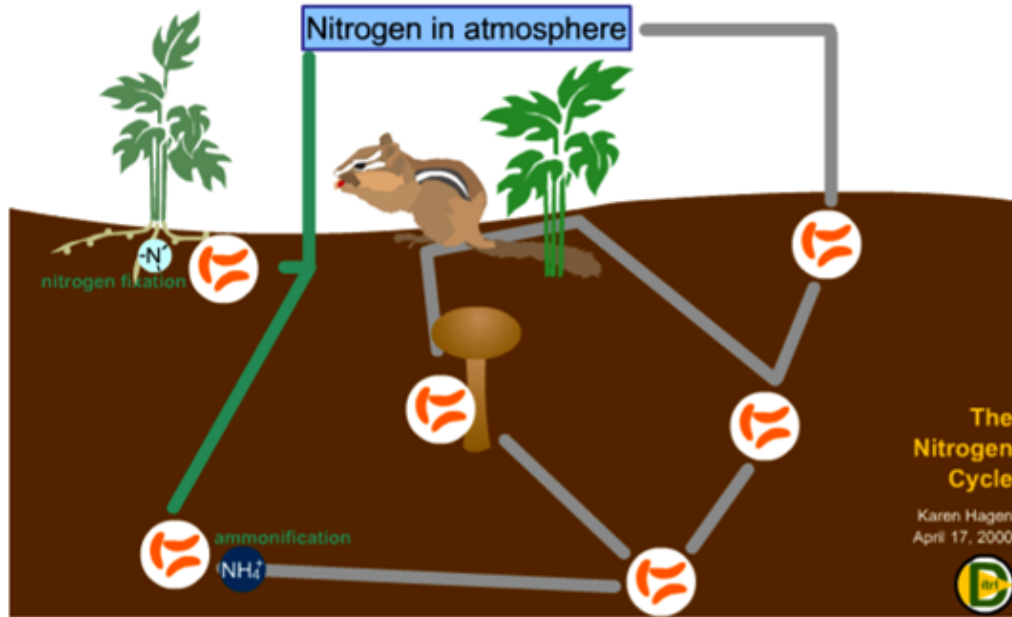
Amino acids are polymerised into proteins.

Nitrogen is also used in **chlorophyll**.

*amine group*



Nitrogen takes many forms in nature:



<http://www.biology.ualberta.ca/facilities/multimedia/uploads/ecology/ncycle.swf>

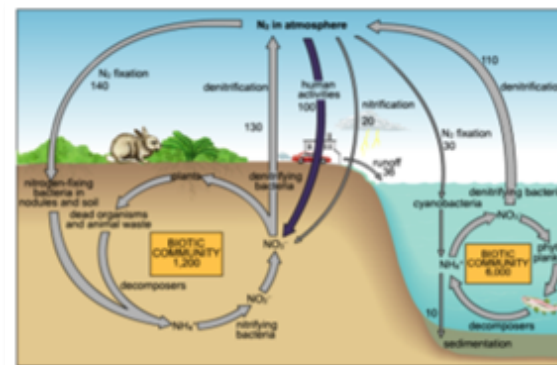
Nitrogen N<sub>2</sub>

Ammonium NH<sub>4</sub><sup>+</sup>

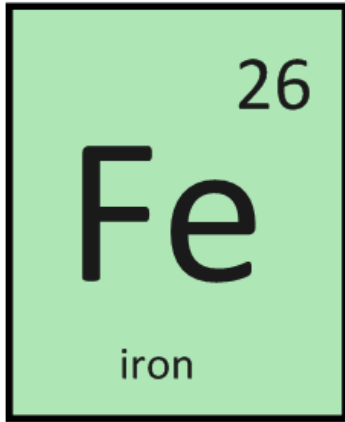
Nitrates NO<sub>3</sub><sup>-</sup>

Nitrites NO<sub>2</sub><sup>-</sup>

urea (NH<sub>2</sub>)<sub>2</sub>CO

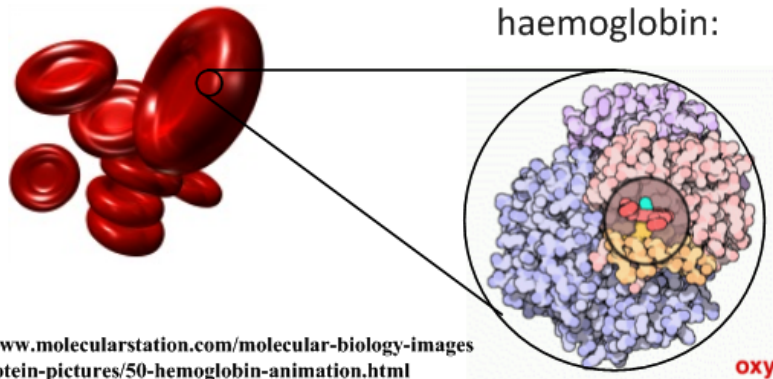


[http://www.mhhe.com/biosci/genbio/tlw3/eBridge/Chp29/animations/ch29/1\\_nitrogen\\_cycle.swf](http://www.mhhe.com/biosci/genbio/tlw3/eBridge/Chp29/animations/ch29/1_nitrogen_cycle.swf)



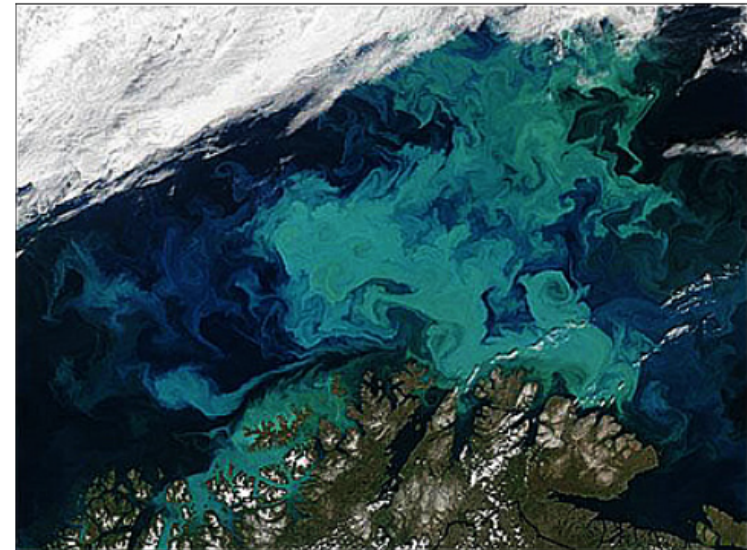
Iron is an important **micronutrient** in living things. In animals, it is the **oxygen-binding** component of **haemoglobin**. In plants, it is used to make **chlorophyll** and takes part in **photosynthesis** (as ferredoxin).

Iron binds well with oxygen for transport. It also facilitates the movement of electrons in cells, including bacteria.



<http://www.molecularstation.com/molecular-biology-images/505-protein-pictures/50-hemoglobin-animation.html>

Iron is often a **limiting factor** in plant productivity. Experiments of iron seeding can have dramatic effects, such as this phytoplankton bloom:



<http://www.fas.org/irp/imint/docs/rst/Sect14/Norway.jpg>



20  
**Ca**  
 calcium

Calcium is an essential mineral in many species.

It is used in the structure of **bones and teeth** in animals, as well as in **blood clotting**.



Calcium carbonate ( $\text{CaCO}_3$ ) is used in the production of **exoskeletons** in animals and unicellular organisms.

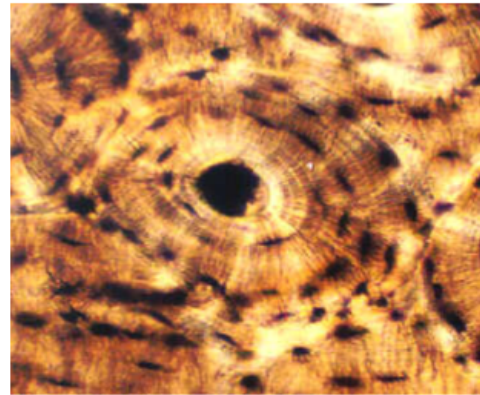
Calcium ions ( $\text{Ca}^{2+}$ ) are essential in **synaptic transmission** - the propagation of an electrical signal along nerves (nerve impulses) and **muscle contraction**.

*E. huxleyi* makes a calcium carbonate shell



<http://www.cascadecreativeservices.com/GH/Ehux.htm>

Calcium forms the extra-cellular matrix of bone



[http://www.usm.maine.edu/bio/courses/bio205/bio205\\_17\\_terrestrial\\_loco.html](http://www.usm.maine.edu/bio/courses/bio205/bio205_17_terrestrial_loco.html)

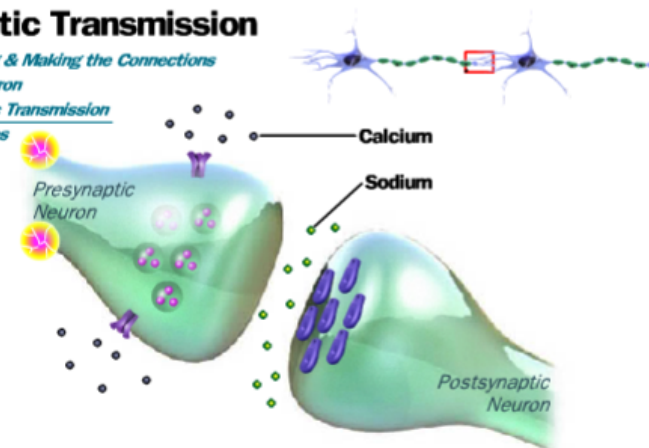
### Synaptic Transmission

Learning & Making the Connections

The Neuron

Synaptic Transmission

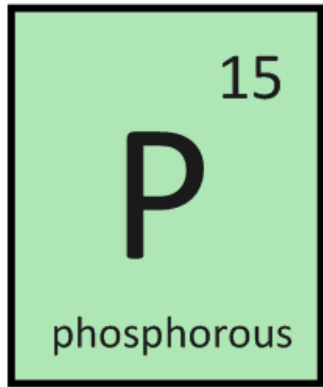
Exercises



When the action potential reaches the axon terminal, calcium channels open, and calcium ions rush into the neuron.

Credits

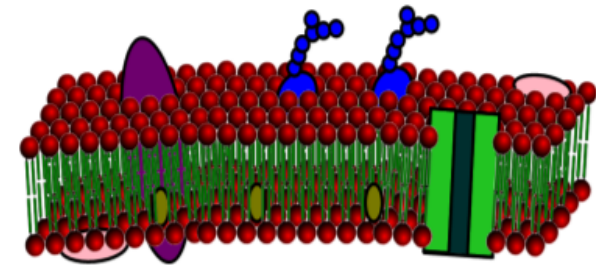
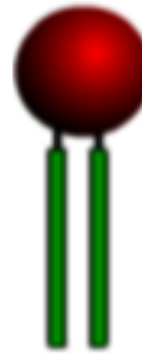
<http://outreach.mcb.harvard.edu/animations/synaptic.swf>



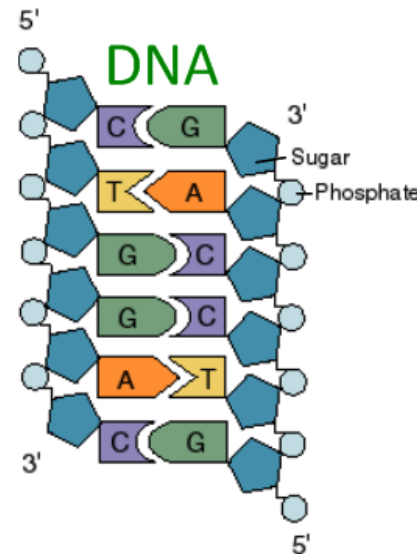
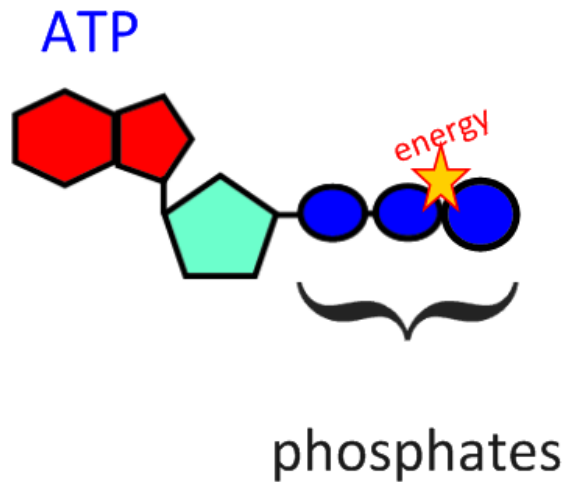
**Phosphorous** is essential in the formation of the phospholipid bilayer:

hydrophilic **phosphate** heads  
water **attracted**

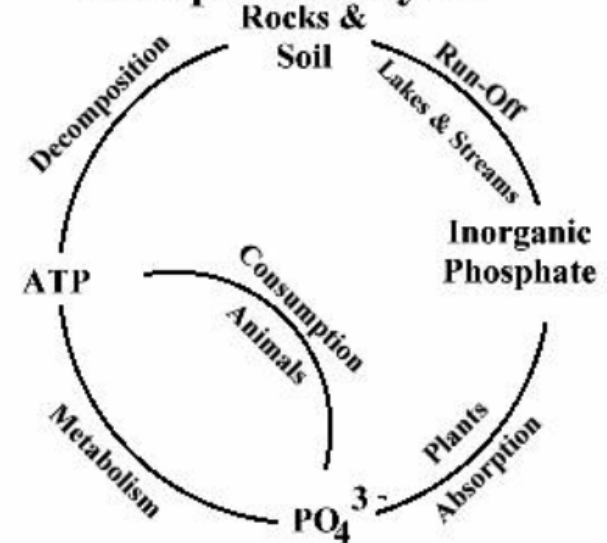
hydrophobic **hydrocarbon** tails  
water **repelled**



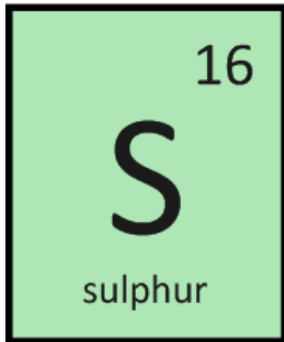
**Phosphates** are also the active component in **ATP molecules** and make up part of the 'backbone' of DNA:



### Phosphorus Cycle

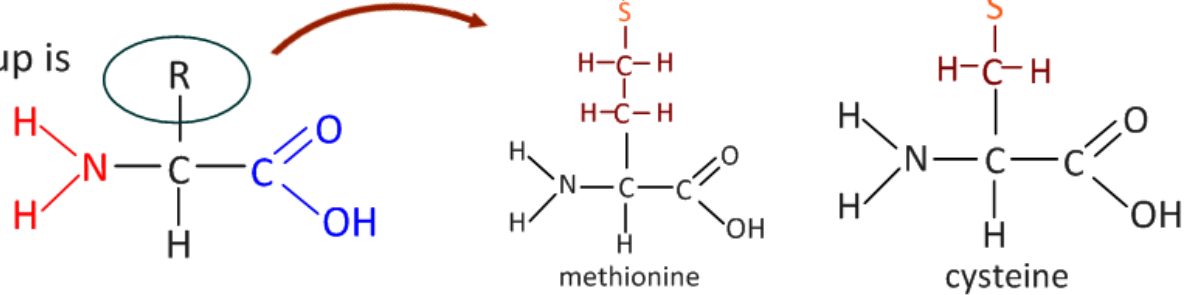


[http://www.starsandseas.com/SAS%20Ecology/SAS%20chemcycles/cycle\\_phosphorus.htm](http://www.starsandseas.com/SAS%20Ecology/SAS%20chemcycles/cycle_phosphorus.htm)

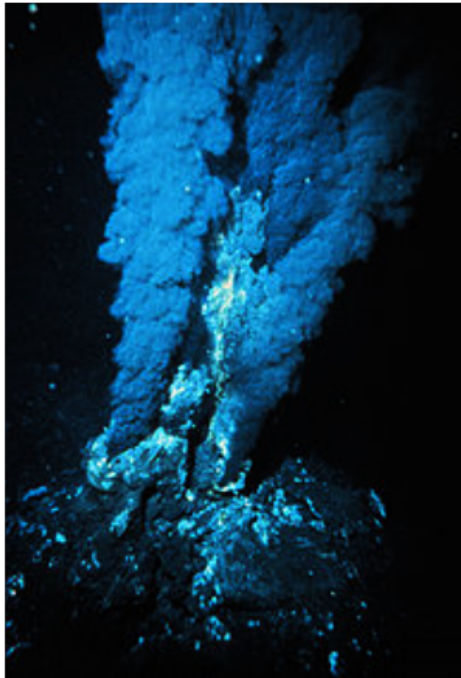


Sulphur is found in some amino acids.

The 'R' group is variable.

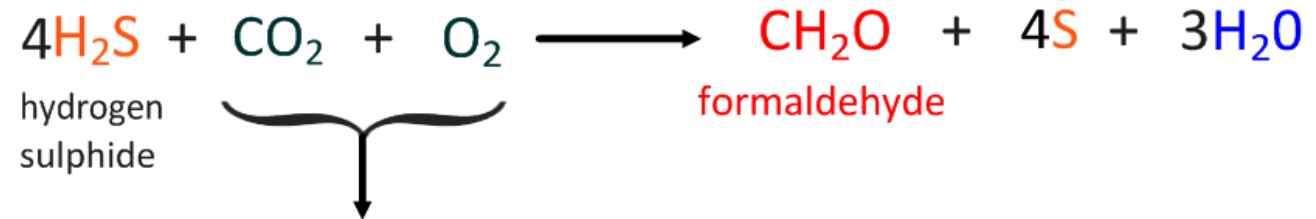


black smoker  
hydrothermal vent



It is also a reactant for **chemosynthetic bacteria** (chemoautotrophs) - found in deep-sea vents.

Chemosynthetic bacteria produce **organic molecules** from **hydrogen sulphide**, carbon dioxide and oxygen:

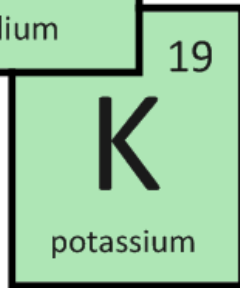
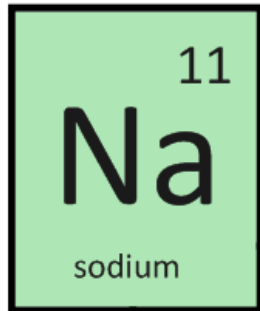


*Where do the CO<sub>2</sub> and O<sub>2</sub> come from?*

Even though light is not directly part of the process, does chemosynthesis still rely on sunlight to an extent?

<http://www.newscientist.com/article/mg17423405.700-life-needs-light.html>

[http://en.wikipedia.org/wiki/Hydrothermal\\_vent](http://en.wikipedia.org/wiki/Hydrothermal_vent)



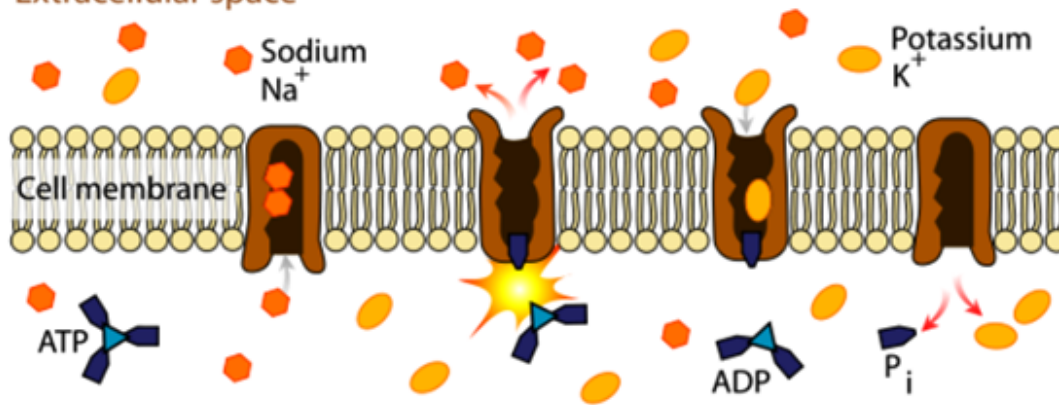
**Sodium ( $\text{Na}^+$ )** is essential in generating an action potential for nerve impulses. Sodium chloride ( $\text{NaCl}$ ), or salt, is a main source of these ions. *Sodium is main cation in **blood plasma**.*

**Potassium** also plays a role in nerve impulses and has a strong influence in osmosis. *Potassium is the main cation in **cell cytoplasm**.*

Potassium ions are larger than sodium ions.

### The sodium-potassium pump:

Extracellular space



Intracellular space

This is an example of active transport.

**blood plasma**

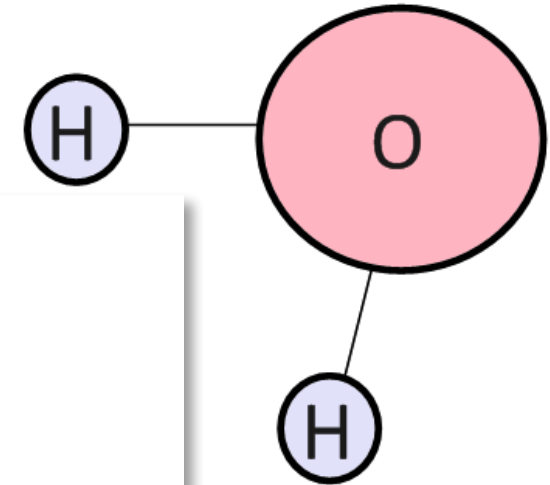
It is responsible for resetting nerve impulses and maintains the volume of cells through its influence on osmosis.

**cell cytoplasm**

<http://chaitanya1.wordpress.com/2007/11/15/listening-to-the-body/sp-pump/>

# Water

Begin with this tutorial:



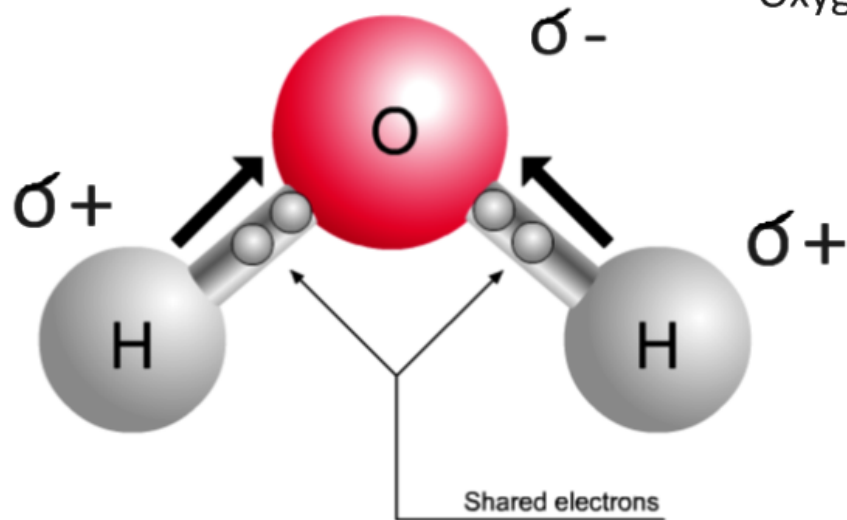
## Properties of Water

From *Biological Science, Second Edition*, © 2006 Pearson Prentice Hall, Inc.  
Storyboard and animation by [Sumanas, Inc.](#)  
Sample version. Not for distribution.

[Go to animation](#)

<http://www.sumanasinc.com/webcontent/animations/content/propertiesofwater/water.swf>

# Water is a polar molecule:



Oxygen exerts a greater pull over the shared electrons.  
They move a little closer to the oxygen.

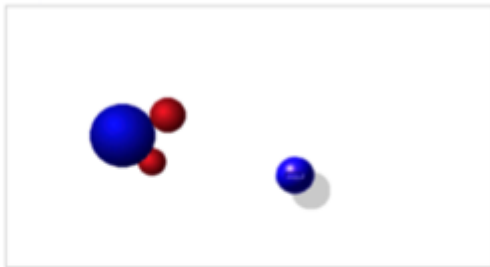
That means the 'oxygen end' is overall  
*slightly negative*:  $\delta^-$ .

The 'hydrogen end' is overall  
*slightly positive*:  $\delta^+$ .

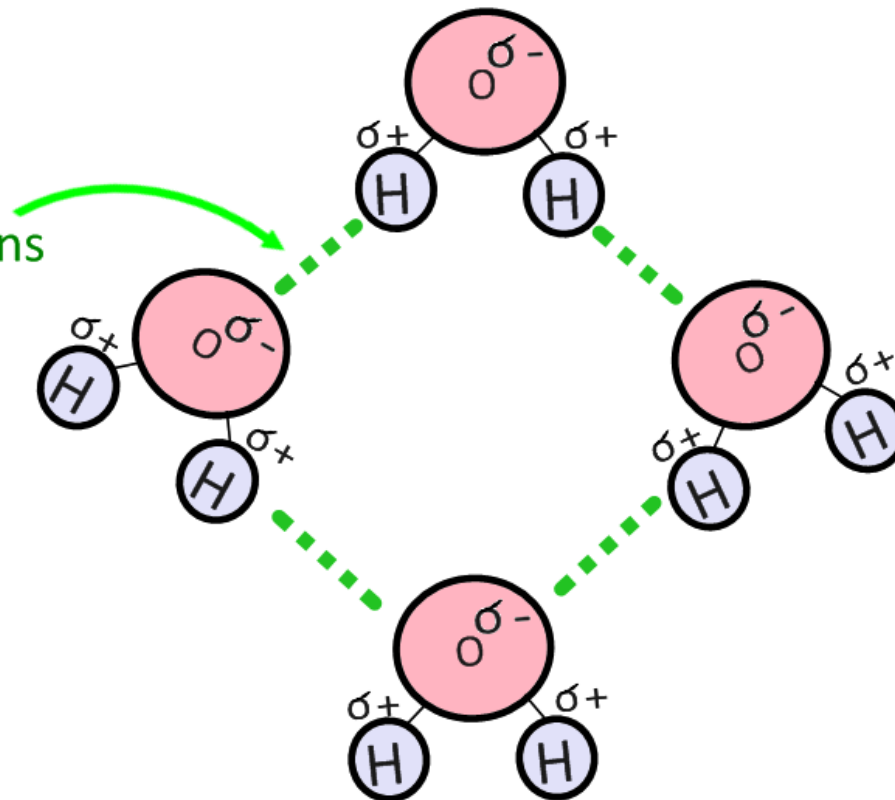
<http://www.sumanasinc.com/webcontent/animations/content/propertiesofwater/water.swf>

Hydrogen bonds are the attractions  
between polar molecules.

Try this:

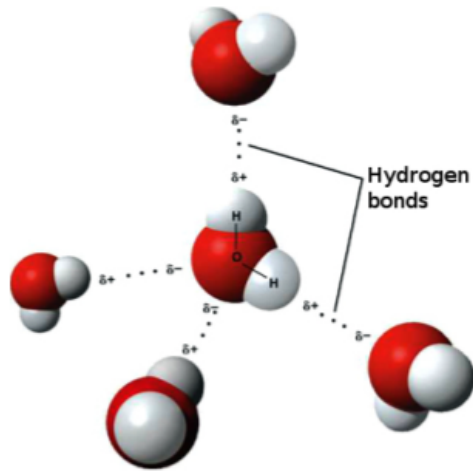


<http://www.colorado.edu/physics/2000/applets/h2ob.html>



# Cohesive properties of water

A single hydrogen bond is not very strong. A large number of hydrogen bonds is very strong. Each water molecule bonds with four others in a tetrahedral arrangement:



<http://en.wikipedia.org/wiki/Water>

Because of these hydrogen bonds, **water is cohesive**: molecules of water stick to each other.

**Water is also adhesive** - it will stick to other surfaces.

These properties lead to:

**Capillary Action** - water will move up xylem against gravity

**Surface tension** - the surface of water is strong enough to support insects and causes drops to form

pondskaters walk on water:



<http://focusnature.be/keywords/insects?page=6>



cohesion forms droplets  
surface tension keeps them spherical  
adhesion sticks them to the leaf

<http://en.wikipedia.org/wiki/Adhesion>



# Thermal properties of water

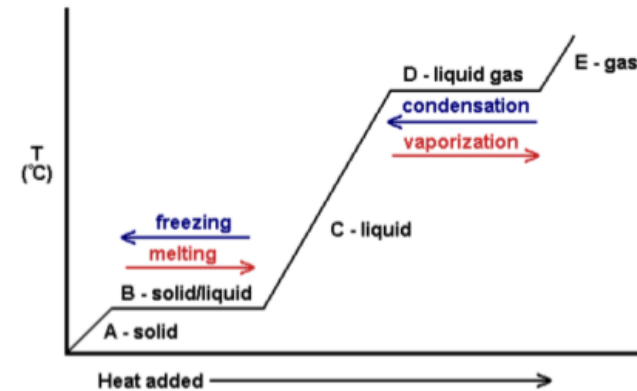
Water has a **high specific heat capacity**.

This means it **takes a lot of energy for the temperature of water to change**.

This is because there are so many **H-bonds**.

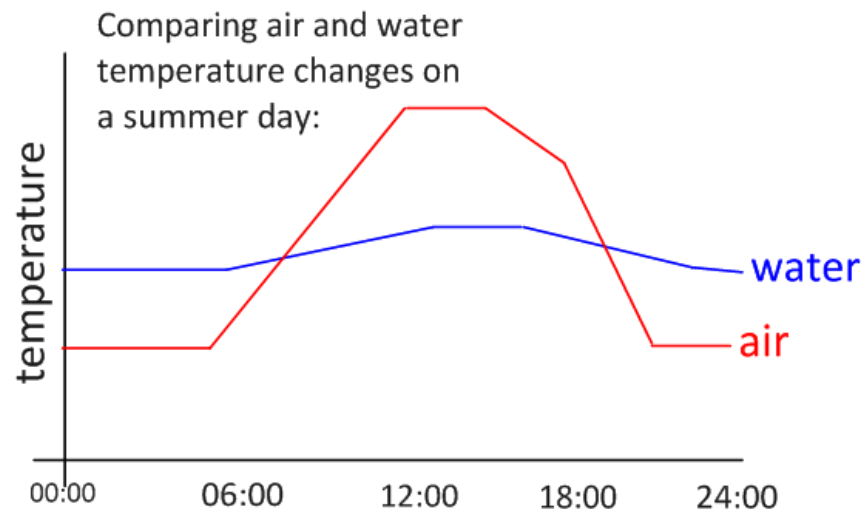
**This all means that the temperature of water remains relatively stable**

A lot of energy needs to be put in to change state:



<http://www.kentchemistry.com/images/links/matter/HeatCool.gif>

Most organisms are adapted to a narrow range of conditions. The slow heating and cooling of water are ideal for these organisms - there is less risk of extreme changes.



Because it takes a lot of energy to make water evaporate, it is a **good coolant** - evaporating water removes a lot of heat energy from the organism.



# Water as a coolant:

High temperatures damage tissues and denature proteins - causing enzymes to cease to work.

It takes a lot of energy for water to change temperature.

This means that it will heat and cool more slowly than air or land.

This is useful to animals in hot climates - who can use water or mud to cool off in the hot day.



[http://image03.webshots.com/3/5/28/47/752847\\_ph.jpg](http://image03.webshots.com/3/5/28/47/752847_ph.jpg)

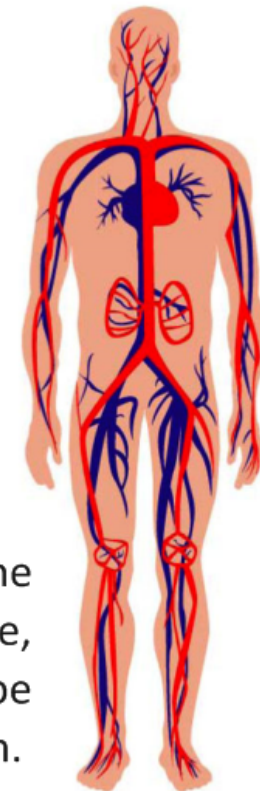


When water evaporates, it removes a lot of energy from the system.

This is felt as a cooling sensation - excess heat energy is removed from the body (latent heat of evaporation). The skin and their blood vessels are cooled.

This also helps aquatic habitats remain at fairly constant temperatures in hot summers.

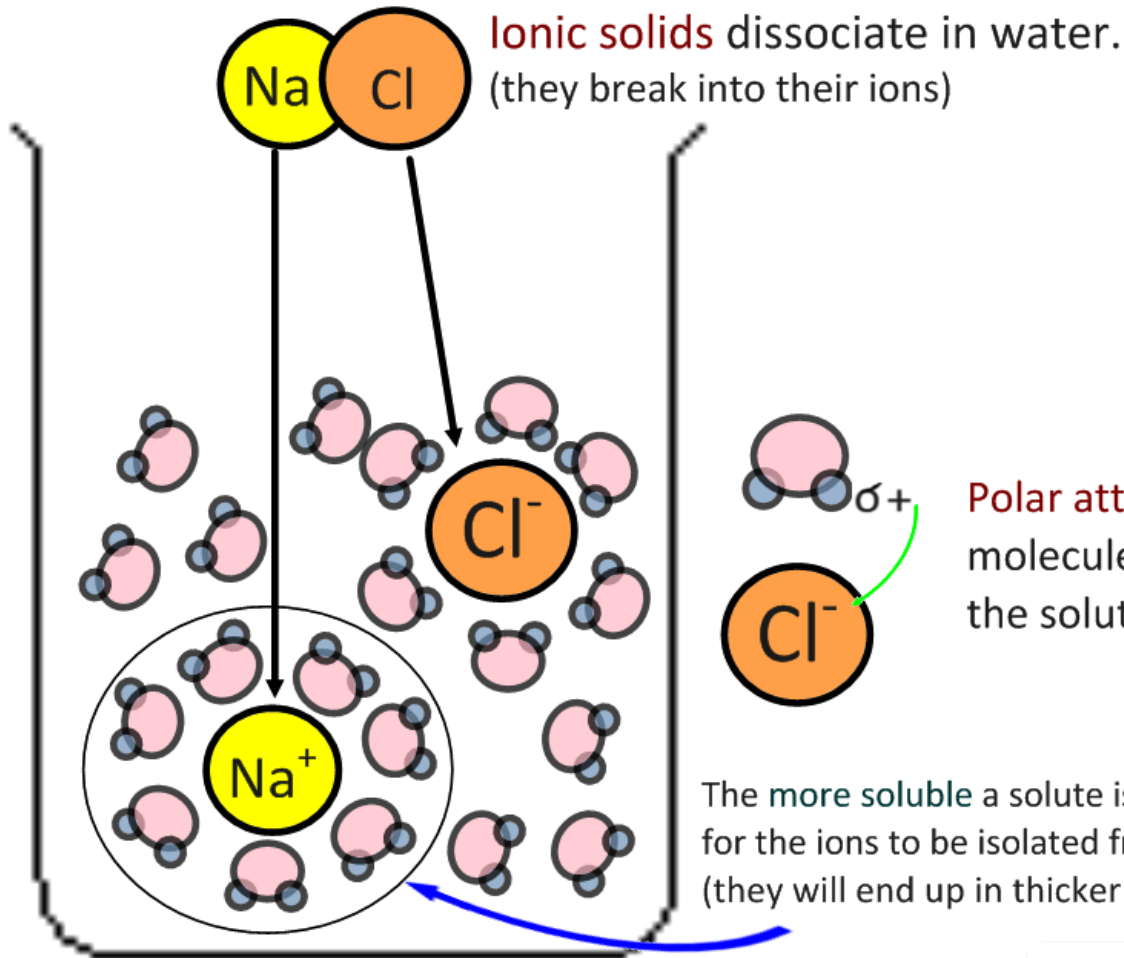
Water makes up 70% of the body, including the blood. Because it is resistant to temperature change, cooler blood from some parts of the body can be circulated to other parts, cooling them down.



<http://www.telemediamagazine.com/circulation.htm>

# Solvent properties of water

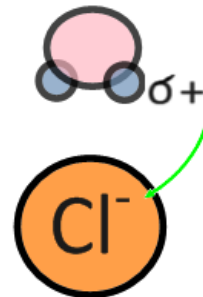
Water is a **good solvent** because it is a polar molecule. It will dissolve **polar solutes** easily.



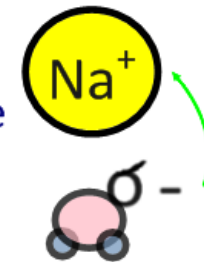
a quick look at  
how ionic compounds  
**dissolve**

start movie 

<http://www.northland.cc.mn.us/biology/Biology1111/animations/dissolve.swf>



Polar attractions cause water molecules to surround and isolate the solute molecules.



The more soluble a solute is, the easier it is for the ions to be isolated from each other (they will end up in thicker water 'shells').

another animation:

<http://www.mhhe.com/physsci/chemistry/essentialchemistry/flash/molvie1.swf>

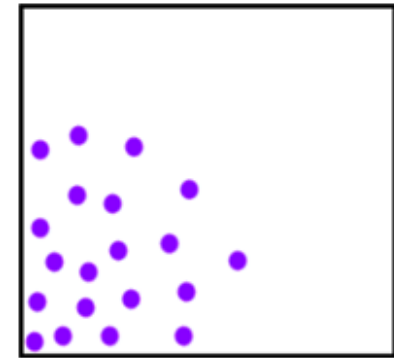
## Water as a medium for metabolic reactions:

Water is a **good solvent**.

Dissolved particles are able to move around - and diffuse.

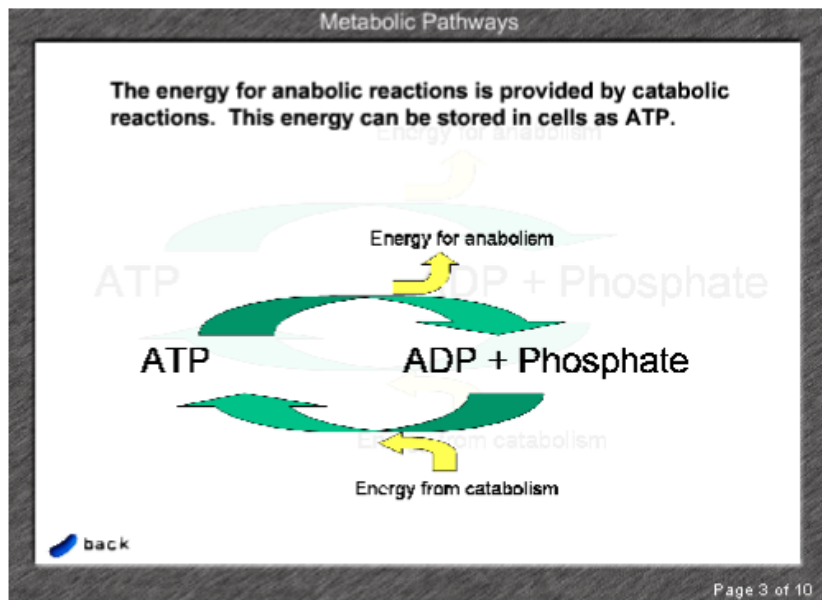
Moving particles are likely to collide with one another, leading to a reaction.

All metabolic reactions (reactions in living things) occur in solution - the reactants are dissolved.



<http://iweb.tntech.edu/mcaprio/diffusion-animated.gif>

## What is a metabolic reaction?

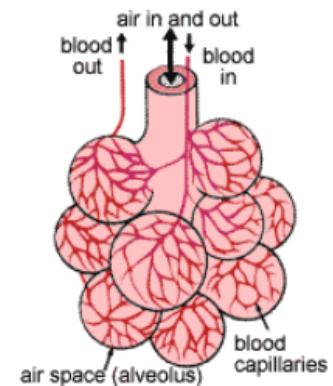


<http://www.wisc-online.com/objects/MBY2604/MBY2604.swf>

Membranes and biological surfaces are wet.

This allows molecules to dissolve, including gases, so they can diffuse through more easily.

e.g. in the alveoli, oxygen is dissolved on the membrane and can then diffuse into the the blood.

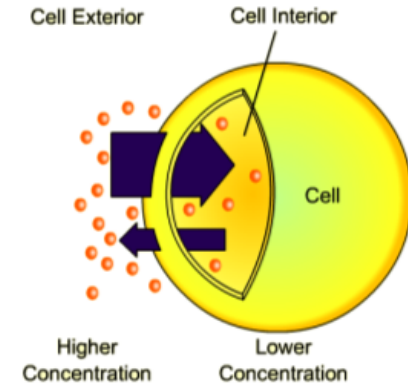


<http://resources.schoolscience.co.uk/abpi/asthma/images/5c2AlvBrjpg.gif>

# Water as a transport medium:

Water is a good solvent: it dissolves **nutrients**, **gases** and **waste products**. These can be carried in the **circulatory system** of animals, through **xylem** and **phloem** in vascular plants or **through the water** in soil or aquatic habitats.

Water can transport molecules across membranes in diffusion, as well as within the cell or interstitial (between-cell) fluid.



[http://www.wiley.com/legacy/college/boyer/0470003790/animations/membrane\\_transport/membrane\\_transport.swf](http://www.wiley.com/legacy/college/boyer/0470003790/animations/membrane_transport/membrane_transport.swf)

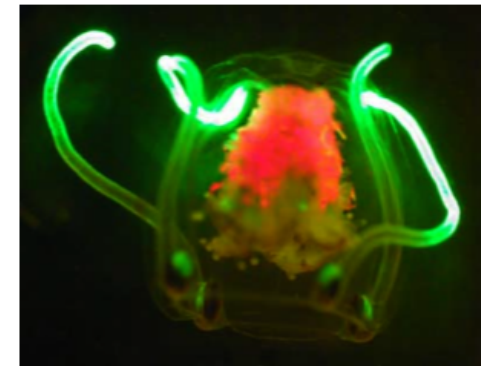


**Water is dense.**

This means it can support the mass of large and small organisms - they can float or swim in water.

**Aquatic systems are rarely still:** they have flows and currents that can carry planktonic organisms, spores, seeds and nutrients over a large area.

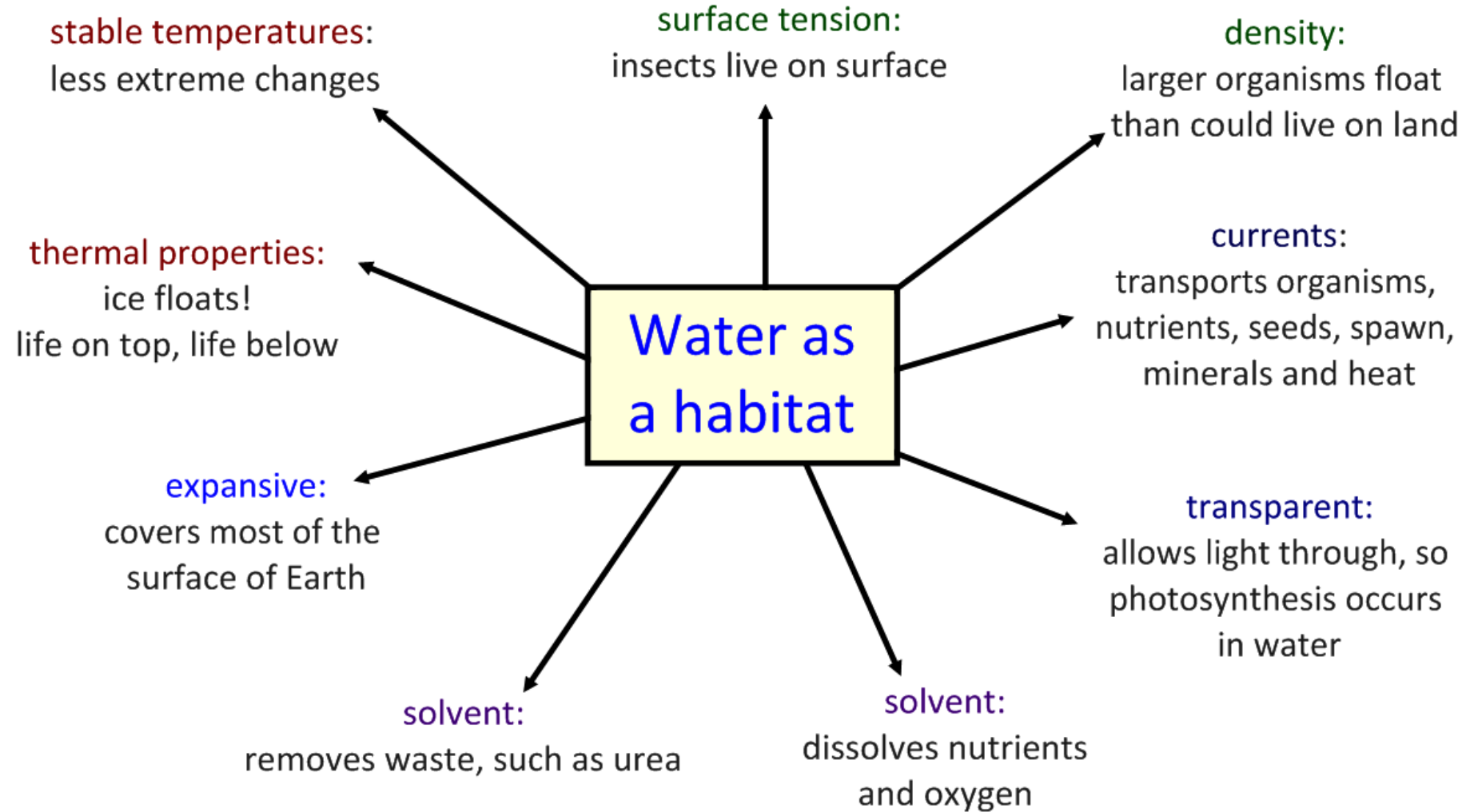
Planktonic organisms rely on water movement for their own transport:  
Small fluorescent jellyfish



<http://oceanexplorer.noaa.gov/explorations/05deepscope/background/fluorescence/media/jellyfish.html>

<http://ocean-spirits.blogspot.com/2007/10/sighting-of-rare-whale.html>

# Can you add any more advantages of water as a habitat?

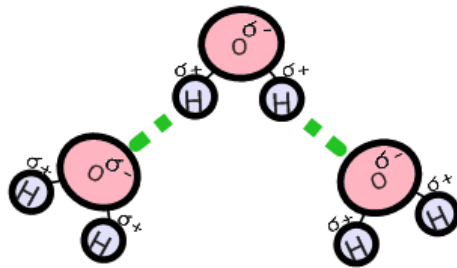


Oxygizer Water: read the article and answer the questions below the text.

<http://www.guardian.co.uk/education/2004/jan/22/research.badscience>

What is  
PSEUDOSCIENCE?





For more help and animations visit:  
<http://sciencevideos.wordpress.com>