

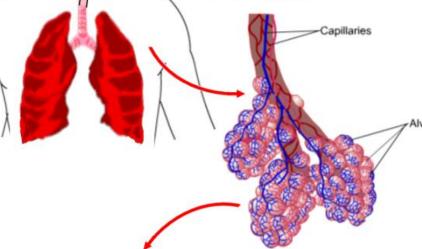
Gas Exchange (Core)

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Breathing is not Respiration!

Ventilation

Movement of air into and out of the lungs in two stages: inspiration and expiration. This is controlled by movement of the diaphragm and ribcage.



Gas Exchange

The exchange (diffusion) of oxygen and carbon dioxide to and from the blood at the alveoli and the respiring tissues.

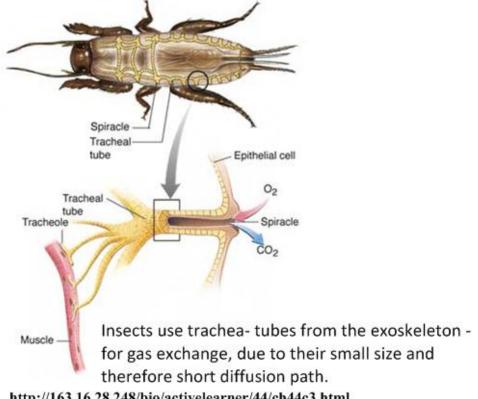
Electrons Electrons transferred via NADH transferred via NADH Glycolysis Transport Chain Citric Acid and Oxidative Glucose - Pyruvate Cycle Phosphorylation Cytosol Mitochondrion 2 ATP 32 ATP 2ATP (oxidative (substrate-level (substrate-level phosphorylation) phosphorylation) phosphorylation)

Cell Respiration

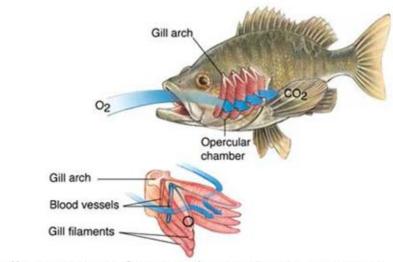
This is production of ATP at the cellular level (mitochondria). Aerobic respiration uses oxygen, wheread anaerobic does not.

http://www.kfu.edu.sa/Colleges/College22/physiology/Respiratory%20basics.swf

Small organisms, such as flatworms, protists and bacteria, can exchange gases directly with their surroundings through diffusion. Larger organisms have adaptations that reflect their environments.



http://163.16.28.248/bio/activelearner/44/ch44c3.html



Gills extract O₂ from and remove CO₂ to water http://163.16.28.248/bio/activelearner/44/ch44c5.html

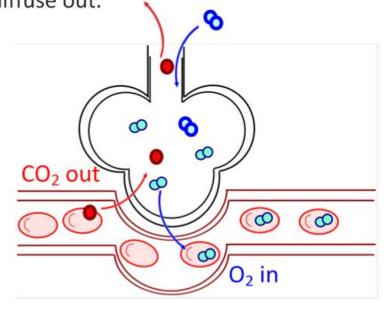
Land-based animals (and waterborne mammals), including humans, have evolved internal ventilation systems which allow for gas exchange with the blood.

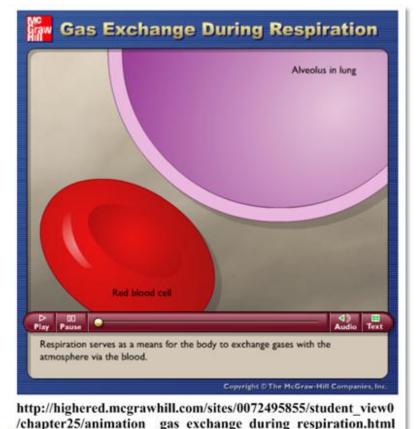
Think about how structure, function and evolution are demonstrated in this topic.

For gas exchange to be efficient, high concentration gradients must be maintained in the alveoli.

Breathing in increases the concentration gradient of oxygen between the alveoli and blood - so it diffuses into the blood.

Breathing out removes CO₂ (and unused O₂), increasing the concentration gradient of CO₂ between blood and alveolus - so CO₂ will diffuse out.





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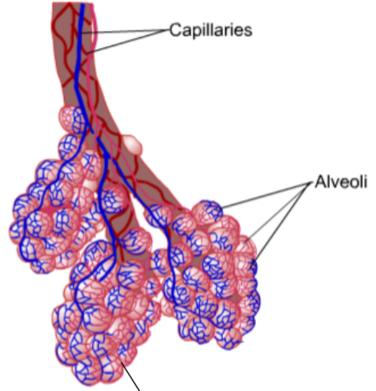
If the alveoli were not ventilated, equilibrium would be reached and not gas could be exhanged. Respiratory Basics

Air in



http://www.kfu.edu.sa/Colleges/College22/physiology/Respiratory%20basics.swf

Alveoli are well adapted to gas exchange

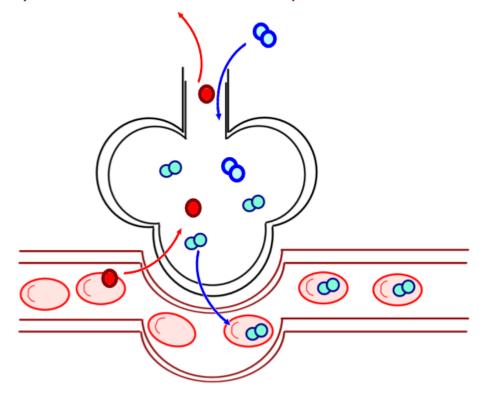


Surfaces are wet - so gases are dissolved, making diffusion easier.

Alveoli increase the surface area for gas exhange.

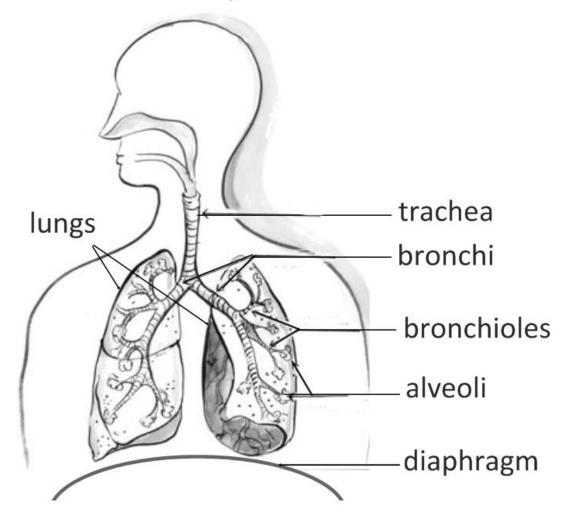
They are millions in number, each with their own network of capillaries - a rich blood supply maintains a high concentration gradient of O_2 and CO_2 .

Membranes are very thin - both of the alveoli and the capillaries - so the diffusion path is short.

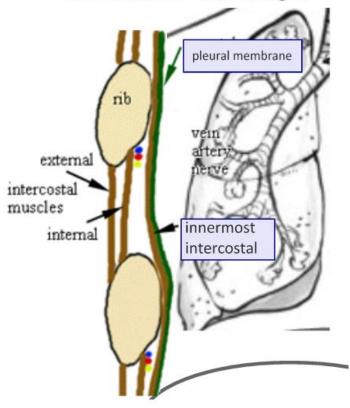


http://www.kfu.edu.sa/Colleges/College22/ physiology/Respiratory%20basics.swf How many membranes must an oxygen molecule pass through in order to enter an erythrocyte?

How many membranes must an oxygen molecule pass through in order to enter an erythrocyte? Alveoli and capillaries are one cell thick. There is also one membrane to pass through in the red blood cell.



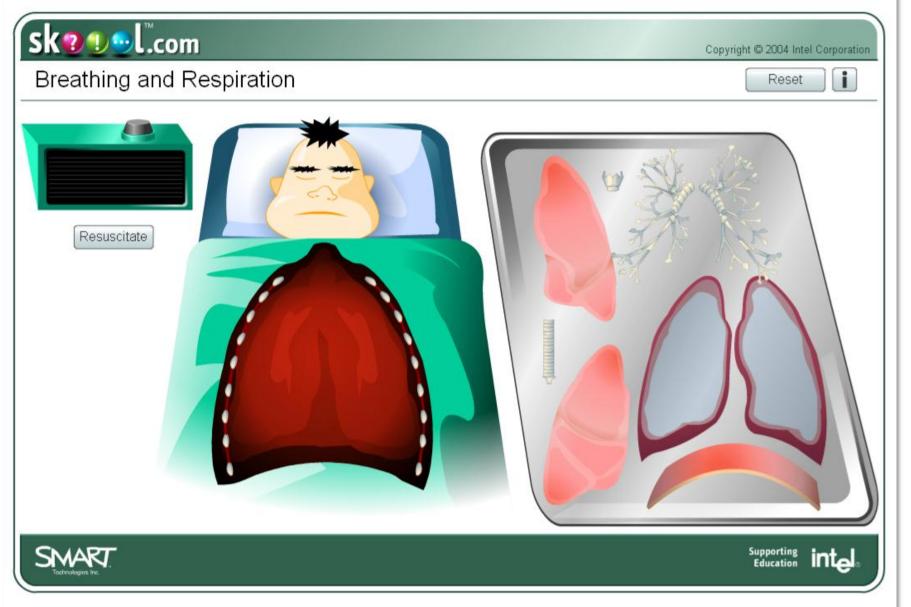
Intercostal muscles control movement of the ribcage:



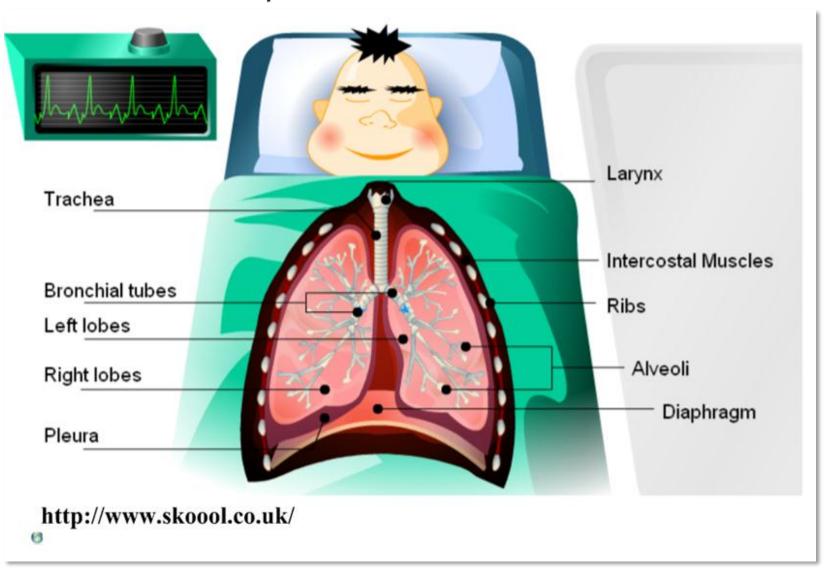
http://www.med.mun.ca/ anatomyts/thorax/van.gif

http://lawrencehallofscience.org/familyhealth/activities/breathing/images/LungDiagram.jpg

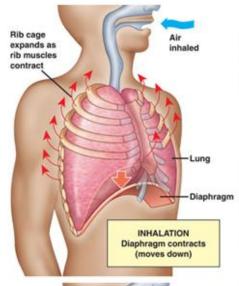
Put the body back together!



http://www.skoool.co.uk/



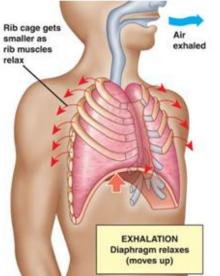
The mechanics of ventilation



Inspiration:
External intercostal muscles contract.

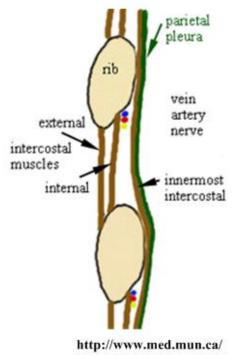
Diaphragm contracts (drops). Abdominal muscles relax.

Chest volume increases, pressure in lungs decreases, air enters.



Expiration: Internal intercostal muscles contract. Diaphragm relaxes (rises). Abdominal muscles contract.

Chest volume decreases, Pressure in lungs increases, air is pushed out.



anatomyts/thorax/van.gif



Asthma (In case you're interested) Asthma can be caused by environmental and genetic factors. Asthma attacks can be triggered by many factors and must be treated quickly and safely.



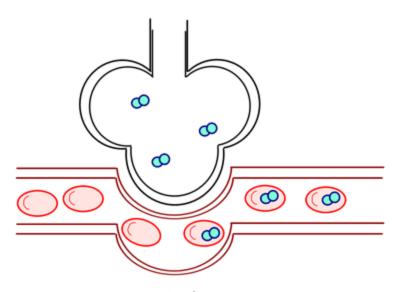


Inhalers contain hormones which cause the bronchi. When an asthma attack occurs, the hormones relax the muscles of the bronchi to open up and allow air to flow normally.

Asthma sufferers must be aware of asthmatic triggers and take steps to avoid them (prevention).

Video and image source: UK NHS http://tinyurl.com/37pn5lp





For more IB Biology resources:

http://sciencevideos.wordpress.com